

Fresh Start Volunteer Information

For each of you who have signed up to bring food for Fresh Start, here is some helpful information.

Members of our congregation provide food for breakfast, lunch and dinner for one day per month to men in the Fresh Start Ministries, where they live to help rebuild their lives. The following list of items goes from our church downtown to the men on the 8th of each month and starts with your signing up using the form on the church bulletin boards available every Sunday in the breezeway and business days in the hall of the administration building.

- 1) Baked Ham—8-10 pound spiral cut ham cut off the bone (Cost will be reimbursed. See Ron Raby or Gail Davis on how to file for refund.)
- 2) Green Bean Casserole—24 servings (green beans, mushroom soup, milk and French fried onions)
- 3) Au-gratin Potatoes—five 5½ oz. boxes of au-gratin potatoes (servings for 24 or so)
- 4) Rolls—36 large rolls (or equivalent)
- 5) Desserts – cakes, pies, cookies or ice cream – (enough for 24 large servings)
- 6) Drinks – one gallon each of: milk, orange juice, sweetened tea, and lemonade (or lemon drink)
- 7) Hot and Cold Cereal — 2 boxes of hot cereal packets and 3 boxes (14 oz. or larger) of high sugar cereal
- 8) Sandwiches — 24 sandwiches (3 oz. meat on each sandwich and a slice of cheese (just bring meat, cheese and bread). Sandwiches will be made there.

9) Delivery – The volunteer driver(s) will leave from the church to Fresh Start at 6:00 p.m. when the 8th falls Monday through Friday and at 5:00 p.m. when the 8th is on a Saturday or Sunday. Driver(s) will remain to eat with the men and return any non-disposable items to the church. It is advisable for a first-time volunteer driver to ride with someone who has driven there before.

10) Other helpful information – If your donation does not require refrigeration, you may leave it in the church kitchen any time before the 8th. Please drop your non-perishable donations off any time the church is open (please check the website and/or a bulletin for current office hours). Perishable foods may also be left a day or two early in the refrigerator. The latest drop-off time for any Fresh Start donation is 5:45 p.m. when the 8th falls on a weekday and 4:45 p.m. when the 8th falls on a weekend.

If you are leaving a dish that needs to be reheated so it can be served hot, please put it in the refrigerator and call either Gail Davis at 407 671-1497 (home) or 407-247-6215 (cell) or Ron Raby at 407-257-8249 before 4:00 p.m. on the 8th so that we can plan to get to the church early enough to reheat your donation.

All food items should be marked FRESH START with the DATE (eg. August 8, 2011). Any unmarked food left in the refrigerator may be thrown away on Friday when the refrigerator is cleaned. If you have any other questions, call either Ron or Gail.